DO I NEED TO WEAR ANYTHING SPECIFIC?
Athletic fit clothing is recommended. No baggy or loose fitting clothing, no bare feet. Wear your cheerleading shoes and of course a bow!

DO I NEED TO LEARN ANY MATERIAL/CHOREOGRAPHY BEFOREHAND?
No. Dance choreography will be taught at tryouts and it will be part of your evaluation.

WHAT WILL I BE ASKED TO DO AT TRYOUTS?
Learn dance choreography, jump, tumble, & stunt. You will be evaluated in all of these areas.

WHAT ARE THE TUMBLING REQUIREMENTS TO MAKE THE TEAM?
We are looking for athletes with a standing tuck, standing two bhs to tuck/layout, and a running layout or better. Sometimes we will place an exceptional flyer or base/back on the team with less of these requirements. We try to build a well rounded team - assessing all abilities of the athlete trying out.

CAN MALE CHEERLEADERS TRYOUT?
Absolutely! Tryouts are open to both male & female applicants.

WHAT IS THE COST TO BE ON THE TEAM?
$20 tryout fee in Spring/Fall. $350 for NCA Summer Camp. During the school year we participate in various fundraisers to cover the cost of Nationals to limit out of pocket expense!

WHAT IF I CAN'T MAKE IT TO TRYOUTS?
We understand the spring is a very busy time of year. If you can’t make it to tryouts, send us a video! Video tryouts are very common in college cheerleading.

HOW MANY MEMBERS ARE CHOSEN FOR THE TEAM? WILL UNH CHEER HAVE TWO TEAMS?
The team will have up to 30 members. Up to 20 competing, with up to 10 alternates. We may have 1 or 2 competitive teams, we will not know/decide until after tryouts. This is at the discretion of the coaches/UNH Athletic Department.

HOW OFTEN DO WE PRACTICE THROUGHOUT THE SCHOOL YEAR?
We practice 2-3 times a week, depending on the time of year. At UNH we are considered to be “Student-Athletes”. A student athlete is expected to have full commitment to their sport, while maintaining the minimum academic GPA set by UNH. UNH Cheerleaders must be available during spring break.

DO YOU GO AROUND WORK SCHEDULES OR OTHER ACTIVITIES?
No. Being a UNH Cheerleader is a commitment. We expect full team attendance at all practices. We provide the team with practice/game/comp schedules for each semester. We go around class and exam schedules only. We do not go around sorority events or recruitment. You will have one unexcused absence to use throughout the school year.

DO YOU CHEER AT THE GAMES FOR UNH SPORTS TEAMS?
Yes. We cheer for football, men’s basketball, & women’s basketball. Home games only. We may potentially travel for playoff games.

CAN I JOIN THE TEAM IF I PLAN TO GO ABROAD?
Going abroad is not recommended. Team members should be fully committed to UNH Cheer from August - April. However, if you have plans to go abroad and would still like to tryout for the team please discuss this with the coaches. The coaches will decide if you are eligible or not.

WHEN AND WHERE WILL TRYOUT RESULTS BE POSTED?
Tryout results will be posted on all of our social media accounts a few days after the tryout.

I MADE THE TEAM. WHAT HAPPENS NEXT?
We will practice 3-5 times over the summer to prepare for NCA Summer Camp. We will attend NCA Summer Camp at Boston University - August 5-9. This is where we will attempt to receive a nationals bid!
2017-2018 TRYOUTS
VIDEO SUBMISSION REQUIREMENTS

TRYOUT VIDEOS MAY BE EMAILED TO SCOTT.RIGOLI@UNH.EDU NO LATER THAN 6:00PM EST ON MAY 13, 2017. TRYOUT VIDEOS WILL NOT BE OPENED OR VIEWED UNTIL THE NON-REFUNDABLE $20 TRYOUT FEE IS PAID THROUGH THE “VENMO” APP. OUR VENMO ACCOUNT IS LISTED UNDER UNIVERSITY OF NEW HAMPSHIRE CHEERLEADING @UNHCHEER.
PLEASE BE SURE TO INCLUDE YOUR NAME ON THE PAYMENT.

WHAT TO INCLUDE:
(* NOTE CHEERLEADING EXPERIENCE IS NOT NECESSARY! WE WELCOME STRONG TUMBLERS/GYMNASTS TO OUR TEAM EVERY YEAR!)

YOUR BEST STANDING TUMBLING SKILLS • YOUR BEST RUNNING TUMBLING SKILLS
YOUR BEST TRIPLE JUMP COMBINATION • JUMPS & TUMBLING SKILLS MUST BE DEMONSTRATED ON FLAT/FOAM NON-SPRING FLOOR OR GRASS • DEMONSTRATION OF YOUR STUNTING ABILITIES
FLYERS ONLY: PLEASE SHOWCASE YOUR BODY POSITIONS, TRANSITIONAL STUNTING (FULL UPS, SWITCH UPS, TICK-TOCS ECT.) AND A DISMOUNT - SINGLE OR DOUBLE DOWN IS PREFERRED.
CHEER/MOTIONS/DANCE (OPTIONAL) • ANY OTHER STRENGTHS OR SPECIAL SKILLS THAT DEMONSTRATE WHY YOU SHOULD BE CONSIDERED AS A POTENTIAL TEAM MEMBER.

PLEASE BE SURE VIDEOS ARE CLEAR AND EASY TO FOLLOW/UNDERSTAND. PLEASE AVOID SENDING TEAM PERFORMANCE VIDEOS. IF YOU ARE NOT CAPABLE OF DEMONSTRATING EVERY CATEGORY DON’T PANIC! SEND US WHAT YOU CAN DO COMFORTABLY AND SAFELY!

VIDEO TRYOUT RESULT WILL BE POSTED WITH OUR REGULAR TRYOUT RESULTS ON ALL OF OUR SOCIAL MEDIA ACCOUNTS NO LATER THAN MAY 15TH.
IF YOU MADE THE TEAM, YOU WILL SEE YOUR NAME LISTED WITH “VT” NEXT TO YOUR NAME.